

Shavings

The Magazine
of

The  Estates
A T C A R P E N T E R S

March 2022



Celebrate
**WOMEN'S
HISTORY
MONTH**
March

*"She opens her mouth with wisdom, and the teaching
of kindness is on her tongue."*

- Proverbs 31:26

From The Executive Director



It was a hot July day, and I was scheduled as the starting pitcher for my team's game that evening. It would be my first time "taking the mound" and to say that I was skeptical of my chance for success would be an understatement.

Up to this point in my baseball life, my entire "career" had been spent playing third base or in the outfield and now I was being asked to take the mound because a teammate was on vacation with his family. My confidence was not bolstered by knowing that I was the "next best" option.

For the baseball fans reading this, I had one pitch – a mediocre fastball. I had thrown batting practice on a couple of occasions but had never faced an opposing batter during an organized game. Suffice to say, I was not confident when I took the mound, but my team needed me, and I was determined to give it my all.

Who would have thought that life experiences like this helped to prepare us for the unknowns that we all face throughout life? When we faced a new challenge, we "rolled up our sleeves," "took the mound," and counted on our teammates to help us through it. Sometimes all it takes is being willing to try. Theodore Roosevelt once said, "It is hard to fail, but it is worse never to have tried to succeed."

And, in case you are wondering about the outcome of my pitching debut, I learned a valuable lesson that day – a big part of being successful as a pitcher is simply throwing strikes – and that I could do. My teammates stepped up and we won the game by a final score of 12 to 2.

The power of a team can be an incredible force. Staff stepping up to help when and where needed and residents helping residents are two of the hallmarks of our community. Helen Keller once said, "Alone we can do so little; together we can do so much." This inspirational quote is a reminder of the power of a team and that we can accomplish more when we work together.

Throughout the pandemic our Estates' team – and that includes all of us – have taken the field and worked together. While I think we can agree that my baseball days are in the distant past, I would put this Estates' team up against any other!

- *Brian Robare, CEO & Executive Director*

MEET YOUR NEW NEIGHBORS



Betty Boyd, C-220, Phone: 863-604-0103

Betty is originally from St. Petersburg. She comes to us from Indiana. She worked for the City of Lakeland at the public library, and also helped at the church library ministry at Legacy Christian church for thirty-seven years. She enjoys bible study, card games, puzzles, reading, and walking. Please join me in welcoming Betty to the Estates.

Pamela Sly, B-304, Phone: 248-873-6707

Pamela was born and raised in Fargo, North Dakota. She comes to us from Farmington, Michigan. Pamela met her husband Steve in California when they lived in the same apartment complex. She worked in sales and bookkeeping for thirty years. After her husband passed, she decided to move to the Estates so she could be close to her family. Pam enjoys reading and sewing. We are happy to welcome Pamela to the Estates.



Bob & Carolyn Houlihan, A-414, Phone: 863-712-3951

Bob was born in San Gabriel, California and Carolyn is from Alhambra, California. They both first met at a church located in Alhambra. Bob worked as a professor and pastor/missionary for fifty years while Carolyn worked as a missionary for fifty years. They decided to move to the Estates so that they were able to live in a loving Christian community. A highlight in Bob's life is going to Alaska for fishing. He enjoys fishing and golf, and Carolyn loves reading, music and taking care of her children, grandchildren, and great grandchildren. We are excited to welcome the Houlihans into our Estates family.



Nicola Acquavella, M-302, Phone: 757-646-2951

Nicola was born and raised in Long Island, New York. She moved here from Sun City, Arizona. She moved to the Estates to be closer to family. She enjoys all kinds of card games and reading. Please join me in welcoming Nicola to the Estates.



MEMORIALS, HONORARIUMS AND DONATIONS

The Estates would like to thank the following individuals for their generosity during the month of January 2022: Janet Armstrong, Gary Mitchell, Brian Robare, John Thompson and Matt Thompson.



This is Not Goodbye, It's Simply See You Later

March is Women's History month. My assignment is to write about Women in History who inspired others or women who may have even changed the lives of others by their actions. In keeping with the nursing theme as well as Women in History, I could mention the woman who is best known as the founder of modern nursing, Florence Nightingale, or Clara Barton, who was the founder of the American Red Cross, but this article is going to be about other people who have inspired me in the past several years. That's right, I'm going to write about something else. That should surprise you all - Cheri is going to break the rules. I have so many people who have inspired me, but they are not only women. First would be my parents. I am who I am because of my parents. I also must say that there is a group of people who have inspired me for the last 18+ years, and that is all of you. In my time spent here at The Estates, I have felt that every year that passes and each new person I meet has become an overwhelming sense of inspiration. You truly are the greatest generation! I have learned to be kind and I have learned to be strong. From you I have learned that God is number one and I have seen the many reasons why he should be. I have learned that no matter what I go through, I can be strong, and I can move on. For all these years I have felt like The Estates has been my second home where the "rest of" my family lives. We have laughed together and cried together. We have joked around, and we have had to be very serious. We have danced and sang together. We have shared stories and private moments as well. My heart is already missing you all. When I think about my time here with our employees and you, our residents, it makes my heart smile. I will always be able to look back and remember how much everyone here has changed my life. You all inspire me to be strong and move on when I need to, just like you all have done. I will always consider you, our residents and employees, my family. Hopefully at some point, I have made a difference in someone's life. Trust me when I say that even though I won't be working here anymore, I will hold all of you close in my heart. I have cried many tears after our decision to move but believe I am doing the right thing. My tears now are for selfish reasons. That being said, I will miss you all so very much. My life will completely change when you are not in it every day anymore, but my heart will feel the same. I thank you all for being such good friends and family to me. God Bless you all. I love you!

- *Cheri Shrader, Director of Nursing*

VOLUNTEER OPPORTUNITY



We have an amazing volunteer opportunity for you all to help make sleeping mats for the homeless out of plastic bags and dresses for schoolgirls in Africa. The first tutorial will take place on **Wednesday, March 2nd at 2:00 p.m.** in the **AUDITORIUM**. For more information please feel free to contact the Resident Lifestyles Department at **ext. 114**.



Female Role Models

A famous actress once said that “There’s no shortage of female role models. They’re everywhere – in history, in literature, in the news. Just look around.” If you ask people nowadays who their role models would be, I guarantee that a lot of people will say their role models would be different famous people or characters in books and movies. What I think some people don’t really see is that our biggest role models are the people who have been around you in your life. This doesn’t just go for moms, sisters, aunts, grandmothers and what not, but the biggest examples of role models could be friends or other acquaintances (such as coworkers, teachers, family friends, etc.). Because of how long my mom has worked here, I’ve been able to meet and maintain relationships with a lot of employees who work or who have worked here. This definitely made working here very easy! One person who fits in this category for me perfectly is Cheri Shrader. Cheri has known me since I was a little girl running around these halls when I would visit my mom. Since then, she has become a very close family friend and has become a second mom to me. Every morning I have a daily routine when I first walk into the building: Clock in, do the voice announcements on the phone, say good morning to my mother in the Executive Office and have my daily conversation and morning hug from Cheri. That time of conversation (whether it’s advice, recap of recent events, talks about life, etc.) are the moments that I treasure most. Anytime something exciting happens or when I just need a moment outside of the office, I can always count on walking into Cheri’s office and leaving all my problems behind and just having fun with her and Jamie. I believe that it’s the same way with the residents. Ever since the daily apartment visits for temperature screenings Cheri became the person that everyone wanted to talk to and update her on how everything was going. It’s her sweet disposition and kind nature that has made Cheri become everyone’s best friend. I believe I speak for everyone when I say that Cheri will be greatly missed here at the Estates, and we can’t thank her enough for all that she’s done for us! I couldn’t be more grateful and honored to have Cheri as one of my female role models in my life!



- *Kira Morisako, Resident Lifestyle’s Assistant*

Women’s History Month

Since 1995 every U.S. President has designated the month of March as Women’s History Month. Over the past 200 years women have played a vital role in American history as civil war nurses, voting rights activists, social reformers, civil rights advocates, WWII codebreakers and mathematicians in the U.S. space programs, etc.

The 21st century also has seen women as mayors, governors, congress women, Supreme Court justices and Vice President.

Much closer to home, here at the Estates, we see women continue to have a major impact as Department Directors in Marketing, Resident Lifestyles, Environmental Services, Human Resources, Finances and Nursing.

Our Carpenters Home Estates Resident Association (CHERA) has women serving in many voluntary roles as officers on the Board as well as chairpersons of various standing committees. These women are committed to providing smooth continuity in the day-to-day CHERA activities.

CHERA is incredibly grateful that these dedicated women have voluntarily agreed to serve in these important roles in the life of our community.

- *Arleen Allen, CHERA President*

Sunday	Monday	Tuesday	Wedn
		<p>8:00 Coffee Social - CR 9:00 Gentle Yoga - AUD 10:00 Drum Fit - AUD 10:00 Water Aerobics - POOL 12:00-2:00 Mardi Gras Lunch - MDR 1:00 Bible Study with Jim Moore - AUD 2:00 Reflections - CR 2:30 Bible Study with Gayle Moore - AUD 4:00-6:00 Mardi Gras Dinner - MDR 6:30-7:30 Mardi Gras Music - AUD</p>	<p>9:00 Group Exercise 9:30 Walmart Run - 10:00 Water Aerobic 10:00 Scroll Saw C 10:00 Tai Chi - AUD 10:00 Intercessory P 10:00-12:00 Carpen 11:00 Bean Bag Bas 1:00-3:00 Ladies' B 1:00 Wii Bowling L 2:00 Mats & Dress AUD 6:00 Bridge - AUD 6:15 Mexican Train</p>
<p>11:00 CHERA Worship: 06 Rev. Robert Houlihan - AUD 1:00 LCT: Sister Act - BUS 1:30 Hand, Knee & Foot - C/D 3rd Floor Fitness Center Open 24/7 All Day Swimming All Day Outdoor Activities Game Room OPEN Art Studio OPEN</p>	<p>9:00 Group Exercise - AUD 10:00 Catholic Rosary - PDR 07 10:00 Water Aerobics - POOL 10:00 Body Balance - AUD 10:00-12:00 Carpenter's Shop Hours 10:30 CHERA Chorus - AUD 11:15 Silent Singers - AUD 1:00 Wii Bowling League - GR 6:00 Scrabble - C/D 3rd Floor 6:30 Bingo - AUD</p>	<p>8:00 Coffee Social - CR 9:00 Gentle Yoga - AUD 08 10:00 Foshee Jewelers - CR 10:00 Drum Fit - AUD 10:00 Water Aerobics - POOL 1:00 Bible Study with Jim Moore - AUD 2:00 Reflections - CR 2:30 Bible Study with Gayle Moore - AUD</p>	<p>9:00 Strength Circ 9:30 Walmart Run 10:00 Water Aerob 10:00 Intercessory 10:00-12:00 Carpe 10:30 Journey Th 11:00 Marketing 1:00 Wii Bowling 1:00-3:00 Ladies' 6:00 Bridge - AUD 6:15 Mexican Trai</p>
<p>11:00 CHERA Worship: 13 Rev. William Allen - AUD 1:30 Hand, Knee & Foot - C/D 3rd Floor Fitness Center Open 24/7 All Day Swimming All Day Outdoor Activities Game Room OPEN Art Studio OPEN <i>Spring Forward</i></p>	<p>9:00 Group Exercise - AUD 10:00 Cooking Show - CR 14 10:00 Catholic Rosary - PDR 10:00 Water Aerobics - POOL 10:00 Body Balance - AUD 10:00-12:00 Carpenter's Shop Hours 10:30 CHERA Chorus - AUD 11:15 Silent Singers - AUD 2:00 Performance Hour - AUD 6:00 Scrabble - C/D 3rd Floor 6:30 Bingo - AUD <i>Sleep Awareness Week</i></p>	<p>8:00 Coffee Social - CR 9:00 Gentle Yoga - AUD 15 10:00 Drum Fit - AUD 10:00 Water Aerobics - POOL 1:00 Bible Study with Jim Moore - AUD 2:00 Reflections - CR 2:30 Bible Study with Gayle Moore - AUD 4:30 Veterans Club Outing - BUS</p>	<p>9:00 Group Exercis 9:30 Walmart Run - 10:00 Coffee & Cr 10:00 Scroll Saw C 10:00 Water Aerobic 10:00 Tai Chi - AU 10:00 Intercessory I 10:00-12:00 Carper 11:00 Bean Bag Bas 1:00-3:00 Ladies' B 2:00 Sleep for Succ 6:00 Bridge - AUD 6:15 Mexican Train</p>
<p>11:00 CHERA Worship: 20 Rev. Dennis Waymire - AUD 1:30 Hand, Knee & Foot - C/D 3rd Floor Fitness Center Open 24/7 All Day Swimming All Day Outdoor Activities Game Room OPEN Art Studio OPEN</p>	<p>9:00 Group Exercise - AUD 10:00 Catholic Rosary - PDR 21 10:00 Water Aerobics - POOL 10:00 Body Balance - AUD 10:00-12:00 Carpenter's Shop Hours 10:30 CHERA Chorus - AUD 11:00 Park Walk & Picnic - BUS 11:15 Silent Singers - AUD 6:00 Scrabble - C/D 3rd Floor 6:30 Bingo - AUD</p>	<p>8:00 Coffee Social - CR 9:00 Gentle Yoga - AUD 22 10:00 Foshee Jewelers - CR 10:00 Drum Fit - AUD 10:00 Water Aerobics - POOL 1:00 Bible Study with Jim Moore - AUD 2:00 Reflections - CR 2:30 Bible Study with Gayle Moore - AUD</p>	<p>9:00 Strength Circ 9:00 Jewelry Shop 9:30 Walmart Run 10:00 Water Aerob 10:00 Intercessory 10:00-12:00 Carpe 11:00 Marketing 1:00-3:00 Ladies' I 2:00 Chips & Dip 6:00 Bridge - AUD 6:15 Mexican Trai</p>
<p>27 11:00 CHERA Worship: Mick Orr AUD 1:30 Hand, Knee & Foot - C/D 3rd Floor Fitness Center Open 24/7 All Day Swimming All Day Outdoor Activities Game Room OPEN Art Studio OPEN</p>	<p>9:00 Group Exercise - AUD 28 10:00 Catholic Communion - PDR 10:00 Water Aerobics - POOL 10:00 Body Balance - AUD 10:00-12:00 Carpenter's Shop Hours 10:30 CHERA Chorus - AUD 11:15 Silent Singers - AUD 6:00 Scrabble - C/D 3rd Floor 6:30 Bingo - AUD</p>	<p>8:00 Coffee Social - CR 9:00 Gentle Yoga - AUD 29 10:00 Drum Fit - AUD 10:00 Water Aerobics - POOL 1:00 Bible Study with Jim Moore - AUD 2:00 Reflections - CR 2:30 Bible Study with Gayle Moore - AUD 6:30 Concert Hour - AUD</p>	<p>9:00 Strength Circ 9:00 Clergy Fello 9:30 Walmart Run 10:00 Water Aerob 10:00 Intercessory 10:00-12:00 Carpe 12:00-2:00 Birthd 1:00-3:00 Ladies' 6:00 Bridge - AUD 6:15 Mexican Trai</p>

Wednesday	Thursday	Friday	Saturday
<p>8:00 Coffee Social - CR 9:00 Group Exercise - AUD 10:00 Stations of the Cross - PDR 10:00 Tai Chi - AUD 10:00 Water Aerobics - POOL 10:00-12:00 Carpenter's Shop Hours 10:30 Target Run - BUS 11:00 Cranium Crunches - AUD 1:00 Local Bank Run - BUS 1:00 Wii Bowling League - GR 1:00-3:00 Flea Market - A-421 1:30 Hand, Knee & Foot - C/D 3rd Floor 2:00 Tech Time - CR 6:00 Pinochle - AUD 6:30 Manipulation Cards - AUD</p>	<p>02 Ping Pong ALL DAY 8:00 Coffee Social - CR 9:00 Gentle Yoga - AUD 9:00 Strawberry Festival - BUS 9:30 Publix/ALDI Run - BUS 10:00 Water Aerobics - POOL 10:00 SilverFit - FC 10:00 Art History: Modigliani - AS 1:00 Scrabble - C/D 3rd Floor 6:30 Chapel: Rev. Vince Daughtry</p>	<p>03 8:00 Coffee Social - CR 9:00 Group Exercise - AUD 10:00 Stations of the Cross - PDR 10:00 Tai Chi - AUD 10:00 Water Aerobics - POOL 10:00-12:00 Carpenter's Shop Hours 10:30 Target Run - BUS 11:00 Cranium Crunches - AUD 1:00 Local Bank Run - BUS 1:00 Wii Bowling League - GR 1:00-3:00 Flea Market - A-421 1:30 Hand, Knee & Foot - C/D 3rd Floor 2:00 Tech Time - CR 6:00 Pinochle - AUD 6:30 Manipulation Cards - AUD</p>	<p>04 Fitness Center Open 24/7 All Day Swimming All Day Outdoor Activities Game Room OPEN Art Studio OPEN 1:00 Women's Social Connection - MDR 6:00 Saturday Night Movie - AUD "August: Osage County"</p>
<p>8:00 Coffee Social - CR 9:00 Group Exercise - AUD 10:00 Stations of the Cross - PDR 10:00 Tai Chi - AUD 10:00 Water Aerobics - POOL 10:00-12:00 Carpenter's Shop Hours 10:30 Target Run - BUS 11:00 Cranium Crunches - AUD 1:00 Local Bank Run - BUS 1:00 Wii Bowling League - GR 1:00-3:00 Flea Market - A-421 1:30 Hand, Knee & Foot - C/D 3rd Floor 2:00 Tech Time - AUD 6:00 Pinochle - AUD 6:30 Manipulation Cards - AUD</p>	<p>09 Ping Pong ALL DAY 8:00 Coffee Social - CR 9:00 Gentle Yoga - AUD 9:30 Publix/ALDI Run - BUS 10:00 Water Aerobics - POOL 10:00 SilverFit - FC 10:00 Think It. Move It. Do It. - AUD 11:00 J.U.L.I.E.T.S Lunch: Sakura - BUS 1:00 Scrabble - C/D 3rd Floor 6:30 Chapel: Dr. Charles Estridge 7:30 CHERA Quarterly Meeting - MDR</p>	<p>10 8:00 Coffee Social - CR 9:00 Group Exercise - AUD 10:00 Stations of the Cross - PDR 10:00 Tai Chi - AUD 10:00 Water Aerobics - POOL 10:00-12:00 Carpenter's Shop Hours 10:30 Target Run - BUS 11:00 Cranium Crunches - AUD 1:00 Local Bank Run - BUS 1:00 Wii Bowling League - GR 1:00-3:00 Flea Market - A-421 1:30 Hand, Knee & Foot - C/D 3rd Floor 2:00 Tech Time - AUD 6:00 Pinochle - AUD 6:30 Manipulation Cards - AUD</p>	<p>11 Fitness Center Open 24/7 All Day Swimming All Day Outdoor Activities Game Room OPEN Art Studio OPEN 1:00 Women's Social Connection - MDR 6:00 Saturday Night Movie - AUD "9 to 5"</p>
<p>8:00 Coffee Social - CR 9:00 Group Exercise - AUD 10:00 Stations of the Cross - PDR 10:00 Tai Chi - AUD 10:00 Water Aerobics - POOL 10:00-12:00 Carpenter's Shop Hours 10:30 Target Run - BUS 11:00 Cranium Crunches - AUD 1:00 Local Bank Run - BUS 1:00-3:00 Flea Market - A-421 1:30 Hand, Knee & Foot - C/D 3rd Floor 2:00 Root Beer Float Social - AUD 6:00 Pinochle - AUD 6:30 Manipulation Cards - AUD</p>	<p>16 Ping Pong ALL DAY 8:00 Coffee Social - CR 9:00 Religious Resource - CR 9:00 Gentle Yoga - AUD 9:30 Publix/ALDI Run - BUS 10:00 Water Aerobics - POOL 10:00 SilverFit - FC 10:00 Author Book Signing - AUD 11:00 R.O.M.E.O.S Lunch: Beef O Brady's - BUS 12:00-2:00 Taste of Ireland - MDR 1:00 Scrabble - C/D 3rd Floor 4:00-6:00 Taste of Ireland - MDR 6:30 Chapel: Pablo Montanez</p>	<p>17 8:00 Coffee Social - CR 9:00 Group Exercise - AUD 10:00 Stations of the Cross - PDR 10:00 Tai Chi - AUD 10:00 Water Aerobics - POOL 10:00-12:00 Carpenter's Shop Hours 10:30 Target Run - BUS 11:00 Cranium Crunches - AUD 1:00 Local Bank Run - BUS 1:00-3:00 Flea Market - A-421 1:30 Hand, Knee & Foot - C/D 3rd Floor 2:00 Root Beer Float Social - AUD 6:00 Pinochle - AUD 6:30 Manipulation Cards - AUD</p>	<p>18 Fitness Center Open 24/7 All Day Swimming All Day Outdoor Activities Game Room OPEN Art Studio OPEN 1:00 Women's Social Connection - MDR 6:00 Saturday Night Movie - AUD "The Help"</p>
<p>8:00 Coffee Social - CR 9:00 Group Exercise - AUD 10:00 Stations of the Cross - PDR 10:00 Tai Chi - AUD 10:00 Water Aerobics - POOL 10:00-12:00 Carpenter's Shop Hours 10:30 Target Run - BUS 11:00 Cranium Crunches - AUD 1:00 Local Bank Run - BUS 1:00-3:00 Flea Market - A-421 1:30 Hand, Knee & Foot - C/D 3rd Floor 2:00 Tech Time - AUD 6:00 Pinochle - AUD 6:30 Manipulation Cards - AUD</p>	<p>23 Ping Pong ALL DAY 8:00 Coffee Social - CR 9:00 Exploring Winter Park - BUS 9:00 Gentle Yoga - AUD 9:30 Publix/ALDI Run - BUS 10:00 Watercolor Class - AS 10:00 Water Aerobics - POOL 10:00 SilverFit - FC 10:00 Senior Scholars - AUD 1:00 Scrabble - C/D 3rd Floor 6:30 Chapel: Rev. Dr. Michael Van Doran</p>	<p>24 8:00 Coffee Social - CR 9:00 Group Exercise - AUD 10:00 Stations of the Cross - PDR 10:00 Tai Chi - AUD 10:00 Water Aerobics - POOL 10:00-12:00 Carpenter's Shop Hours 10:30 Target Run - BUS 11:00 Cranium Crunches - AUD 1:00 Local Bank Run - BUS 1:00-3:00 Flea Market - A-421 1:30 Hand, Knee & Foot - C/D 3rd Floor 2:00 Tech Time - AUD 6:00 Pinochle - AUD 6:30 Manipulation Cards - AUD</p>	<p>25 Fitness Center Open 24/7 All Day Swimming All Day Outdoor Activities Game Room OPEN Art Studio OPEN 1:00 Women's Social Connection - MDR 6:00 Saturday Night Movie - AUD "Dreamgirls"</p>
<p>8:00 Coffee Social - CR 8:30 Anna Maria Island Trip - BUS 9:00 Gentle Yoga - AUD 9:30 Publix/ALDI Run - BUS 10:00 Water Aerobics - POOL 10:00 SilverFit - FC 10:00 A House Divided: Civil War - AUD 1:00 Scrabble - C/D 3rd Floor 2:00 Under the Oaks - AUD 6:30 Chapel: Pastor Benjamin Peacock AUD</p>	<p>30 Ping Pong ALL DAY 8:00 Coffee Social - CR 8:30 Anna Maria Island Trip - BUS 9:00 Gentle Yoga - AUD 9:30 Publix/ALDI Run - BUS 10:00 Water Aerobics - POOL 10:00 SilverFit - FC 10:00 A House Divided: Civil War - AUD 1:00 Scrabble - C/D 3rd Floor 2:00 Under the Oaks - AUD 6:30 Chapel: Pastor Benjamin Peacock AUD</p>	<p>31 8:00 Coffee Social - CR 9:00 Group Exercise - AUD 10:00 Stations of the Cross - PDR 10:00 Tai Chi - AUD 10:00 Water Aerobics - POOL 10:00-12:00 Carpenter's Shop Hours 10:30 Target Run - BUS 11:00 Cranium Crunches - AUD 1:00 Local Bank Run - BUS 1:00-3:00 Flea Market - A-421 1:30 Hand, Knee & Foot - C/D 3rd Floor 2:00 Tech Time - AUD 6:00 Pinochle - AUD 6:30 Manipulation Cards - AUD</p>	<p>Abbreviations Key AUD - Auditorium CR - Community Room MDR - Main Dining Room PDR - Private Dining Room GR - Game Room AS - Art Studio, D-406 FC - Fitness Center C - Chapel, K-106 THE SHOP - Woodshop 19TH HOLE - Outside C/D</p>

Gift Shop Hours
M-F 8:30 - 10:00 a.m.
2:00 - 3:30 p.m.
For more details, please check the posters by the C/D, F/G, and M elevators.

March Events

Entertainment

01 | **Mardi Gras Party** 6:30 p.m. - MDR & AUD

To celebrate this fun holiday we will be having a special menu in the **MAIN DINING ROOM**, followed by entertainment and refreshments in the **AUDITORIUM**.

03 | **Strawberry Festival** 9:00 a.m. - BUS

We will be heading to the annual Strawberry Festival in Plant City. Please be aware that there will be a lot of walking! Sign Ups will be at C-118.

10 | **J.U.L.I.E.T.S Lunch: Sakura** 11:00 a.m. - BUS

Attention all JULIETS! This month we will be taking you to Sakura Japanese Steakhouse in Winter Haven for some Hibachi and great company. Sign ups will be at C-118.

14 | **Cooking Show** 10:00 a.m. - CR

In honor of National Nutrition Month, we will be having a cooking show in the **COMMUNITY ROOM**. No sign up needed!

17 | **Author Book Signing** 10:00 a.m. - AUD

Join Jim Gallman in the **AUDITORIUM** as he talks about his new book which talks about the story of Retribution and Redemption. You will also get the opportunity to purchase the book and get it signed by the author himself.

17 | **R.O.M.E.O.S. Lunch: Beef's** 11:00 a.m. - BUS

ROMEOS! This month in honor of St. Patrick's Day we will be taking you all to enjoy lunch and fellowship at Beef O' Brady's.

Trip

14 | **Sewing & Quilting Expo** 1:00 p.m. - BUS

Meet the trendsetters and see the latest in sewing, quilting and embroidery as you take in special presentations and find artistic inspiration. Sign ups will be at C-118.

18 | **Root Beer Float Social** 2:00 p.m. - AUD

Join us in the **AUDITORIUM** for some delicious root beer floats and great conversations with other residents.

23 | **Chips & Dip Social** 2:00 p.m. - AUD

To celebrate National Chip & Dip day, we will be serving chips and different dips in the **AUDITORIUM** provided by Dining Services.

24 | **Explore Winter Park** 9:00 a.m. - BUS

We will be heading out on an adventure to Winter Park, Orlando. We will visit the Hosmer Museum, taking a scenic boat tour, and have lunch at Prato restaurant. Sign ups will be at C-118.

29 | **Concert Hour** 6:30 p.m. - AUD

Geri Blount will be returning for our concert hour performing with her guitar this month in the **AUDITORIUM**.

31 | **Anna Maria Island** 8:30 a.m. - BUS

Enjoy a delicious brunch by the water, followed by a dolphin boat tour. For more information and sign ups you can stop by C-118 or call ext. 114.

Health Center Update

March is here and it is time to spring forward into some beautiful weather and great recreation! In February we celebrated Valentine's Day with balloon bouquets and Valentine parties. The Recreation Staff in the Health Care Center would like to thank each and every one of you that participated in donating balloon bouquets! We saw many smiles and heard many thank you's while passing out the bouquets. The residents were very thankful that someone thought of them on this day of love! Some of March's activities that will be celebrated are Mardi Gras, St Patrick's Day, Spring forward with the time, and our everyday recreational pursuits we provide for our wonderful residents! March is also a time to celebrate Women's History. We are excited to learn daily about the women in our past that helped shape this great nation! The Health Care Center would like to wish everyone a happy March and we look forward to sharing some pictures in April of all our March festivities!

- *Jamie Backensto, Director of Recreation, Health Center*



The residents and staff had so much fun celebrating Valentine's Day! We enjoyed our Valentine's parties with lots of goodies, celebrated old memories, and took pictures for new memories! The residents had fun telling us about their first Valentines and how some of them married their Valentine's, for their forever date. It was so much fun reminiscing! The residents and staff are looking forward to the fun coming up in March! Happy Spring!!





ESTATES

- Robert Masden.01
- Suzanne Tschudy.....01
- Robert Bucklin.....02
- Betty Vocelle.....02
- Jane Kramer.....04
- Theresa Hollywood. . . .07
- Pat McMahan.....09
- Bob Smith.....09
- Frances Martin.....10
- Virginia Collier.....11
- Patti Davis.....11
- Roz Coleman.....12
- Ron Doolittle.....12
- Maryann Vespa.....13
- Mary Ann Williams. . . .14
- Richard Bauer.15
- Ann Pryor.15
- Tacy Sarbaugh.....18
- Peggy Lewis.....20
- Dorothy Holmstrom.....24
- Jayne Hamilton.....25
- Gay Harlowe.....25
- Bertilou Hatton.....26
- Herbert McKelvey.....27
- Kay Kennedy.....30
- David Adams.....31

HEALTH CENTER

- Rose Schmidt.06
- William Cotton.12
- Virginia Glass.15
- Gary Tidwell.15
- Ann Morse.19
- Michael Nemecek.....21
- Charlene Bray.24
- Mildred Briggs27
- JoeAnn Dickson.30



Those born in March are invited to a birthday dinner in the Auditorium on March 30th from 12:00-2:00 p.m. There will be a delicious meal provided by our Dining Service department. Everyone will be able to invite one guest to attend. Find your invitation at your front door and RSVP to Kira Morisako in C-118.

Upcoming Events

Plant City Trip
Tuesday, April 12th
11:00 a.m. - BUS



Eat a delicious lunch at Keel & Curley followed by strawberry shortcake and shopping at Parksdale - Farmers Market.

Art n' Dine
Thursday, April 7th
10:30 a.m. - BUS



Enjoy the art of the Highwaymen, American Artists celebrated for their distinctive paintings of Florida's natural environment at the Polk Museum of Art followed by lunch at Frescos in downtown Lakeland.

TWH Presents: Suds
Sunday, April 17th
1:00 p.m. - AUD



Enjoy Theatre Winter Haven's next production followed by dinner at L'Incontro restaurant.

Lydia

Lydia, in the Bible was the example of today's modern businesswoman. She sold expensive cloths that were dyed purple. The purple material was expensive and desirable. It was a respectable and lucrative trade. She had a spacious home that could accommodate many guest travelers. She surely must have been a hardworking, bold, intelligent woman to achieve the success she enjoyed. Lydia is described as a worshipper of God and a businesswoman with a family. The Lord opened her heart, and she and her entire household were baptized. She then opened her home to Paul and his companions, offering hospitality to the missionaries. She was successful, lead her household to God, and used her wealth and home to further God's work. What a great woman. Here is her story, Acts 16:14-15. "A certain woman named Lydia, a worshiper of God, was listening to us; she was from the city of Thyatira and a dealer in the purple cloth. The Lord opened her heart to listen eagerly to what was said by Paul. When she and her household were baptized, she urged us, saying, "If you have judged me to be faithful to the Lord, come and stay at my home." And she prevailed upon us." Just one of God's many faithful women that was used of God.

- *Chaplain Randy Horn*

Thursday Night Chapel Services

March 3rd	Rev. Vince Daughtery
March 10th	Dr. Charles Estridge
March 17th	Pablo Montanez
March 24th	Dr. Michael Van Doran
March 31st	Pastor Benjamin Peacock Victory Church Music

CHERA Sunday Worship Speakers

March 6th	Rev. Robert Houlihan Assemblies of God
March 13th	Rev. William Allen Swiss Brethren
March 20th	Rev. Dennis Waymire Wesleyan
March 27th	Mick Orr Wesleyan



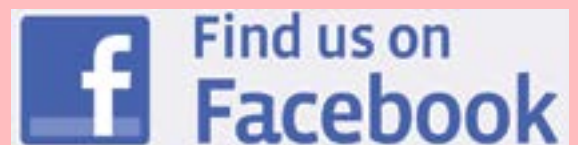
The Good Samaritan Fund

The balance of the **GOOD SAMARITAN FUND** is \$395,575.34. As of January 31, 2022, \$68,207.94 has been used to help residents. Monies are taken from the interest earned.

The Estates

A T C A R P E N T E R S

WOMEN'S HISTORY MONTH



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